

AutPlay[®] Telehealth Readiness Questionnaire

The therapist will ask the client each of the questions below and note on the scale of 1-5 if there is an issue or potential issue. The therapist should also note what areas might need to be further explained or developed before telehealth sessions can begin.

Information to Consider (questions for the therapist to ask the potential client)	Problematic Level (1-5 ranking of response) (1=no problem, 5=very problematic)				
1) What are your communication preferences (in person, video, phone)?	1	2	3	4	5
2) What is your electronic knowledge and skill level?	1	2	3	4	5
3) What is your experience being online?	1	2	3	4	5
4) Are you comfortable with tele sessions?	1	2	3	4	5
5) Do you understand how tele sessions will work?	1	2	3	4	5
6) What type of online connection do you have at home	? 1	2	3	4	5
7) What kind of technology are you using (computer, phone, tablet)?	1	2	3	4	5
8) What have been your previous treatment experience (in person and/or telehealth)?	s? 1	2	3	4	5
9) Is there ability to have a private space at home?	1	2	3	4	5
10) Any cultural considerations with a telehealth session	ו? 1	2	3	4	5

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